



Cybersecurity: How to Protect Yourself and Your Family

In today's digital world, online safety is a part of daily life. Reviewing your family's digital habits and making smart choices can help safeguard your personal information from fraud and identity theft.

Here are some simple steps to strengthen your online security:

- **Teach your kids smart habits.** Just like you teach them to look both ways before crossing the street, show them the importance of not sharing personal details online and reporting any cyberbullying.
- **Think before you click.** Avoid opening unexpected emails or downloading unfamiliar software. Be cautious of links that look suspicious, and stick to trusted websites—look for correct spelling, contact info, and secure connections.
- **Stay current.** Keep your devices updated with the latest software, antivirus protection, and browser versions. Not sure how? A local tech support provider can help you set things up securely.
- **Use strong, unique passwords.** Mix letters, numbers, and symbols, and avoid using the same password across multiple accounts. Change them regularly and consider using a password manager to keep track.
- **Be careful on public Wi-Fi.** Always confirm the network name with staff and avoid sensitive tasks like banking or shopping when connected to open networks.

A little caution goes a long way. Taking these steps can help protect what matters most—your family and your financial future.